# Food Support in Islington

### Monday

# Tuesday Wednesday Thursday

Brickworks Community Centre

Drop-in for food parcels Monday - Thursday 12pm - 3pm. 42 Crouch Hill N4 4BY colin.adams@hanleycrouch.org.uk // 0207 263 1067

19B Compton Terrace 11:00am-2:00pm Hot food takeaway homelessness people facing Drop-in session for Union Chapel Margins Project at

12pm to 4pm and essential items address needed) Open to Islington Food parcels, meals The Ringcross residents (proof of Community Foodbank 02077002498

> N1 7 and N1 8 0207 673 1281 melissa@thearccentre.org for people living in Weekly food packages The Arc Centre

house.org.uk nathalie@elizabeth-Register: 02076901300 3, N5 1, N5 2, N7 7 residents in: N4 2, N4 every Tuesday for Pop-up food store Elizabeth House

N7 OJE 12:15 - 2pm Free hot lunch Hilldrop Community Centre

> No need to book! Church, N1 2TL Free hot meal, 1pm **New River Baptist** FoodCycle Islington

you need for £3 Weekly co-operative food shop. Take what 11am - 2pm, N7 6LA Manor Gardens

@gmail.com

copenhagenstreetfoodbank

02078378378

hivefoodbank@gmail.com 020 7916 2710 Wednesdays 6.30-The Hive Foodbank

Woodville road N16

Mildmay Community

Chapel 11:00am-2:00pm Drop-in session Margins Project, Union

Thursdays 11.30am -

(donations welcome

Free shared meal Community cook-up

12pm to 4pm Community Foodbank The Ringcross

3:30pm Fresh food and non-perishable items. Weekly foodbank 1-Copenhagen Street mildmaycp@gmail.com 020 7249 8286 household

Foodbank

to the centre on Friday 1.30pm to discuss your between 11.30am please feel free to come to a telephone or email

easy & tasty meals. All Fridays 3.30-6pm N19 3AD St Mary's Church and ingredients provided Learn to make cheap, Cook Together Drop In the Hive foodbank

Community Foodbank The Ringcross 12pm to 4pm

#### Friday

Weekends

£1 per person in Weekly food co-op Woodville road N16 Centre **Mildmay Community** 

> of £5 in return for £20 Pay a membership fee

£25 worth of Afro-

Food Co-op

Caribbean Cultural Choices CiC - African

Caribbean foods.

If you do not have access

N19 3RQ

Community Centre Caxton House every month at 2pm The first Saturday

If you are on low or no

us to join the income, please contact info@choiceslondoncic.com membership at:



#### Other services:

Bags of Taste: free, mentored at-home cooking course to make low-cost, nutritious meals. Ingredients provided for free and delivered to your house. Open to all Islington residents.

Hornsey Lane community centre, N19 3YJ: **Lunch Club for people over 50** Mon-Fri

Open from 12-3pm with lunch served around

1pm. Cost £3

St Luke's Community Centre, EC1V 8AJ:

Over 55s Lunch Club for Islington residents
offering low cost freshly cooked lunches on-site
90 Central St, EC1V 8AJ. Monday to Friday 12-2pm.

## **Healthy Start Vouchers**

Get support to buy milk or food. Payments are loaded onto a prepaid card to be used in shops. Open to women/people at least 10 weeks pregnant or families with a child under four years and on:

- Universal credit with total earned income of £408 or less (after tax) per month for the family
- Child tax Credit with a family income no more than £16,190 per year
- Income support
- Income-based jobseeker's allowance
- Pension Credit
- Income-related Employment and Support Allowance (for pregnant people only)
- Pregnant and under 18

Complete application online: www.healthystart.nhs.uk/how-to-apply/





# Join or start a food co-op!

groceries. To find out more and for guides and resources on how to start a co-op, visit: others' needs. By joining or starting a food co-op, you could save up to 40% on your weekly https://cooperation.town/ Food co-ops are groups of neighbours who buy food together to save money and support each

Find your nearest food co-op by contacting co-operation town here: https://cooperation.town/contact/