

**JOB DESCRIPTION**

**JOB TITLE: Mens** **Mental Health sessional worker**

**WORKING HOURS**: Bank staff

**SALARY:** £25 per hour

**DBS LEVEL:** Enhanced DBS with Adult & Child Barring

**REPORTS TO: Men’s Resilience Project Worker**

**LOCATION:** London Borough of Islington. Primarily based at Iseldon road and Despard road day centers, but often working various community buildings in Islington. Travel may be required within the borough. Expenses will be paid.

**About you:**

We are looking for mental health professionals who can work with men in a range of activities. We are interested to hear from individuals who can bring specific skills such as sports, art, music and/or knowledge of supporting middle aged men to build resilience and prevent mental health crisis.

**Role scope and purpose:**

To work with men to provide mental health support in group work and 121 settings. Sessional workers will be booked according to the program developed with the young people. It may be for a one-off session or several sessions over the 12-month funded period. We will be looking to identify one sessional worker who can commit to a longer period to provide consistency for the group. Sessions will be for 3 hours and include 1 hour of planning with colleagues and 2 hours of delivery.

**Direct Delivery**

**Support the project lead to:**

* Work with men to Co-produce activities that will meet their needs and support them to build resilience
* Offer a specific skill such as music tutoring or art tutoring, sports or gardening that will support the mental health of men between the ages of 55-64yrs.
* Encourage new referrals into the group
* Carry out evaluation of sessions and record attendance
* Support the mental health and wellbeing of participants, reporting incidents and safeguarding in line with our policy.

**Monitoring and Quality Assurance**

* To be proficient in using Microsoft office packages and other identified IT systems.
* To record relevant service user documentation contemporaneously on identified IT systems as required.
* Report regular updates and reports to your supervisor and other managers as required
* To maintain current quality standards in accordance with Islington Mind policies and procedures, and to help develop new procedures necessary for the quality performance of the service

**Risk Management:**

* All post holders have a responsibility to report risks such as clinical and non-clinical accidents or incidents promptly. They are expected to be familiar with the organisation’s use of risk assessments to predict and control risk, as well as the incident reporting system for learning from mistakes and near misses to improve services. Post holders must also attend training identified by their manager or stated by the organisation to be mandatory.
* Manage risk within your sphere of responsibility, including taking reasonable care of your own safety and the safety of others who may be affected by acts or omissions. To be aware of the responsibilities placed upon you by The Health Act (2007) to ensure they maintain a safe, infection free environment.

**General**

* To work collaboratively within a team environment and act as a positive role model showing professional and caring attitudes and behaviour towards other team members, partner organisations, service users and carers
* To work in accordance with Islington Mind policies and procedures including the Safeguarding Policy, GDPR Policy, Confidentiality Policy, Health And Safety Policy and Advocacy Code Of Practice.
* To accept line management supervision, attend supervision sessions, meetings and Islington Mind staff meetings as required and to undertake any necessary training as directed by your manager.
* To perform such other relevant and appropriate duties and undertake any other tasks within the general framework of the position.

**Wider** **Organisational responsibilities**

* Work collaboratively with other services provided by the organisation and its partners.
* Meet legislative and all relevant regulatory requirements including Health & Safety.
* Ensure the values of Islington Mind are upheld
* Carry out duties in accordance with principles, policies and procedures.
* Carry out administrative duties in connection with the post.

**Islington Mind PERSON SPECIFICATION/SUCCESS PROFILES HR: Recruitment**

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| **Person Specification** | | | | |
| **Factors** | **Description** | **Essential** | **Desirable** | **Assessment** |
| Experience/  Qualifications | Mental Health professional qualification or equivalent experience |  | **x** | App |
| Experience in supporting men to develop skills and achieve personal goals. |  | **x** | App |
| Experience of working in a person-centered approach | **x** |  | App/Int |
| Experience of working in a trauma informed approach |  | **x** | App/Int |
| Experience of supporting volunteers | **x** |  | App/Int |
| Able to bring your own lived experience to a role to support others |  | **x** | App |
| Identifying needs of service users sensitively within service and professional boundaries | **x** |  | App/Int/ |
| Able to build supportive and trusted working relationships with service users and co-produce activities that meet the needs of the client group | **x** |  | App/Int |
| Aptitude | Commitment to delivering a high quality and safe service | **x** |  | App/Int |
| Able to communicate with service users and professionals at all levels | **x** |  | App/Int |
|  | Able to work in a team and be a supportive colleague | **x** |  | App/Int |