

**JOB DESCRIPTION**

**JOB TITLE: Youth** **Mental Health sessional worker**

**WORKING HOURS**: Bank staff, zero hour contract.

**SALARY:** £25.00 per hour

**DBS LEVEL:** Enhanced DBS with Adult & Child Barring

**REPORTS TO: Youth** **Mental Health sessional worker**

**LOCATION:** London Borough of Islington. Primarily based at Iseldon Road and Despard Road day centres, but often working various community buildings in Islington. Travel may be required within the borough. Expenses will be paid.

**About you:**

Do you want to be part of an exciting project to improve mental health wellbeing for young adults in the borough of Islington. We are looking for dynamic and skilled youth work/mental health professionals to join us as sessional workers. Do you have a skill or talent you can share with the group? We would love to hear from you. This is a 12-month funded project and work is offered on a 0 hour basis as we need to be able to deliver a varied program for young adults.

Our target groups are those who from BAME and LGBTQI+ communities and we particularly welcome interest from individuals who are from these communities.

**Role purpose:**

To work with young people to provide early intervention mental health support in group work and 121 settings. Sessional workers will be booked according to the program developed with the young people. It may be for a one-off session or several sessions over the 12 months funded period. Sessions will be for 3 hours and include 1 hour of planning with colleagues and 2 hour of delivery.

* Improve mental health support offered to young adults in Islington, creating a safe space, providing group work and 121 activities.
* Support peer volunteers to offer peer support and act as ‘young leaders’ for the project
* Support the coordinator and Team Leader to link with statutory organisations to create smooth referral pathways to increase young adults accessing the service and reduce waiting lists for statutory provision.

**Direct Delivery**

**Support the Youth Mental Health Coordinator to:**

* Co -produce a program of support and activities with Young Adults, for Young Adults, that enables them to develop coping strategies to manage their mental health in the community and reduce the need for crisis interventions.
* Create a safe space ‘drop -in’ environment from our centers and encourage engagement
* Lead and develop a team of young leaders / peer supporters.
* Record contacts and monitoring in line with funding agreements.
* Act as a champion for young adults and create a platform for them to get their voices heard.
* Work with CAHMS to improve the transition from child to adult services.
* Work creatively to overcome barriers and create lasting change to mental health provision for young adults.

**Monitoring and Quality Assurance**

* To be proficient in using Microsoft office packages and other identified IT systems.
* To record relevant service user documentation contemporaneously on identified IT systems as required.
* Report regular updates and reports to your supervisor and other managers as required
* To maintain current quality standards in accordance with Islington Mind policies and procedures, and to help develop new procedures necessary for the quality performance of the service

**Risk Management:**

* All post holders have a responsibility to report risks such as clinical and non-clinical accidents or incidents promptly. They are expected to be familiar with the organisation’s use of risk assessments to predict and control risk, as well as the incident reporting system for learning from mistakes and near misses to improve services. Post holders must also attend training identified by their manager or stated by the organisation to be mandatory.
* Manage risk within your sphere of responsibility, including taking reasonable care of your own safety and the safety of others who may be affected by acts or omissions. To be aware of the responsibilities placed upon you by The Health Act (2007) to ensure they maintain a safe, infection free environment. This includes the knowledge and understanding of the management of infected patients and the principles of Standard Infection Control Precautions including the correct technique for Hand Washing and the appropriate use of Personal Protective Equipment (PPE).

**General**

* To work collaboratively within a team environment and act as a positive role model showing professional and caring attitudes and behaviour towards other team members, partner organisations, service users and carers
* To work in accordance with Islington Mind policies and procedures including the Safeguarding Policy, GDPR Policy, Confidentiality Policy, Health And Safety Policy and Advocacy Code Of Practice.
* To accept line management supervision, attend supervision sessions, meetings and Islington Mind staff meetings as required and to undertake any necessary training as directed by your manager.
* To perform such other relevant and appropriate duties and undertake any other tasks within the general framework of the position.

**Wider** **Organisational responsibilities**

* Work collaboratively with other services provided by the organisation and its partners.
* Meet legislative and all relevant regulatory requirements including Health & Safety.
* Ensure the values of Islington Mind are upheld
* Carry out duties in accordance with principles, policies and procedures.
* Carry out administrative duties in connection with the post.

**Notes:**

This role description is not intended to be exhaustive in every respect but rather to clearly define the fundamental purpose, responsibilities and dimensions for the role.

In addition to the contents of this role description, employees are expected to undertake any and all other reasonable and related tasks allocated by line management.

**Islington Mind PERSON SPECIFICATION/SUCCESS PROFILES HR: Recruitment**

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| **Person Specification**  |
| **Factors** | **Description** | **Essential** | **Desirable** | **Assessment** |
| Experience/Qualifications | Youth work/ Youth mental health qualification or equivalent |  | **X** | App |
| Experience in supporting young adults into employment and training  |  | **x** | App |
| Experience of working in a person-centered approach | **x** |  | App/Int |
| Experience of working in a trauma informed approach  |  | **x** | App/Int |
| Experience of motivating and supporting young adults to develop personal goals | **x** |  | App |
| Experience of supporting volunteers | **x** |  | App/Int |
| Able to bring your own lived experience to a role to support others |  | **x** | App |
| Experience of working with young adults experiencing mental health difficulties | **x** |  | App/Int |
| Identifying needs of service users sensitively within service and professional boundaries | **x** |  | App/Int/ |
| Able to build supportive and trusted working relationships with service users and co-produce activities and care plans that meet the needs of the client group | **x** |  | App/Int |
| Knowledge of the benefits system and how this applies to young adults experiencing mental health difficulties.  |  | **x** | App/Int |
| Aptitude | Commitment to delivering a high quality and safe service | **x** |  | App/Int |
| Able to communicate with service users and professionals at all levels | **x** |  | App/Int |
| Able to assess risk when lone working |  | **x** | App/Int |
|  | Able to work in a team and be a supportive colleague | **x** |  | App/Int |