



## NEW TRAVEL SUPPORT PROJECT - OPEN FOR REFERRALS

**Hand in Hand** is a Volunteer Peer Travel Buddy scheme that helps vulnerable Islington residents successfully travel to other locations in Islington or Camden for appointments, courses, services, walks in green spaces, or events. If you have clients who need assistance or support with travel or reminding of appointments you can now refer them to the scheme.

N.B. The scheme is pedestrian and public transport. We do not have vehicles available.

The buddies can:

- Remind people of the appointment
- Accompany residents to appointments, events and activities that they otherwise struggle to attend.
- Provide physical and emotional reassurance during travel and the activity itself
- Support social connectedness by providing friendly, appropriate, and encouraging conversation en route to the activity
- Assist linking with other offers (via information given by partner agencies) by offering information/signposting
- Be available Monday to Friday, 9:30-5:00 including travel time

The peer travel buddies are trained, DBS checked and receive supervision, but they are not providing therapy or wider peer support, and they are not entering client's homes. Their role is primarily in linking, escorting, reminding and reassuring. Although the buddies will be friendly, Hand in Hand is not a befriending service. To allocate a volunteer buddy, we usually need one week notice.

### For more information about the project:

Mon, Tues, Thur – contact Tim on 07518 798 905 or [timothy.comer@islingtonmind.org.uk](mailto:timothy.comer@islingtonmind.org.uk)

Wed, Thur, Fri – contact Satoko on 07526 692 507 or [satoko.fujishiro@islingtonmind.org.uk](mailto:satoko.fujishiro@islingtonmind.org.uk)

Printer-friendly information can be downloaded from the [Islington Mind website](#).

### To refer a client, service user or patient to the service:

**Phone: 07526 692 507 Email: [HandinHand@islingtonmind.org.uk](mailto:HandinHand@islingtonmind.org.uk)**

**Or use the online form here: [Hand in Hand Service – Islington Mind](#)**

If you know someone who might like to volunteer to be a peer buddy they can register their interest here and will be informed when training is next scheduled: <https://tinyurl.com/peerbud>



Hand in Hand is a co-produced project brought to you by Islington Mind and North London NHS Foundation Trust